



## OOH LA LA Laurieton GROUP HANDBOOK 2019

Please be at the Camden haven High School at 9am with your hair and makeup done, dressed in your stockings ready to perform. This is very important as it gives students time to warm up and mentally prepare for their performance (eg. for nerves to settle) If you are late it will rattle the students and put everyone on edge, which will impact on the student's performance. Please do not be late. Follow the signs to our dressing room. Parents are required to pay an entry fee of **\$15 in Cash Only**. We encourage everyone to stay and support our dancers for the day. It will be a great bonding experience for dance parents and students.

If you are sick, have car trouble or there is anything stopping you from being at the venue on time please text Miss Stacey as early as possible on 0402314474, or Miss Ange 0432618422

**Ooh La La Laurieton Camden Haven High School Valley View Road**  
**16th June 2019**

Unfortunately not many local dance school supported this event meaning that we have very quick changes. We are excited for our dances to have another opportunity to perform and work on their routines, we hope that this day of dance improves their confidence and stage presence. The Ooh La La organisers have assured PMPA that they will pause the program to allow for fast changes. Due the number of quick changes some of the costumes and headpieces and tights have been altered. Please triple check the handbook for tight requirements. No Ballet Ribbons are required for Ooh La la.

**SUNDAY 10AM SESSION BE THERE BY 9AM**

**SECTION 1** 1 OF 1

6 YRS JAZZ- **COTTON EYED JOE** (WEAR BALLET TIGHT UNDERNEATH YOUR JAZZ TIGHTS)  
HAIR TWO PIG TAIL PLAITS

**SECTION 2** 1 OF 4

10 YRS JAZZ- **BAILAR SALSA - COSTUME CUBAN PETE WITH FEATHERS** (STUDENTS PERFORMING IN CONTEMPORARY SHOULD WEAR TAN STIRRUPS NOT JAZZ TIGHTS TO SAVE TIME) HAIR HIGH BUN

**SECTION 3** 1 OF 1

8 YRS TAP- **PINK CADILAC** (WEAR BALLET TIGHTS UNDERNEATH YOUR JAZZ TIGHTS)  
**COSTUME GROWN WITH PINK FEATHERS** HAIR HIGH BUN

**SECTION 4** 1 OF 1

6 YRS MODERN- **SLOW DOWN** BALLET TIGHTS AND BALLET SHOW WITH RIBBONS HAIR ROYAL BUN

**SECTION 5** 1 OF 1

10 YRS TAP- **GREEN EGGS - COSTUME CUBAN PETE WITH SOCKS AND WIG** HAIR HIGH BUN

**SECTION 6** 1 OF 3

8 YRS JAZZ- **GROWN** HAIR HIGH BUN

**SECTION 7** 1 OF 1

12 YRS TAP- **HIP TO BE SQUARE** HAIR HIGH BUN

**SECTION 8** 1 OF 1

6 YRS VARIETY - **DANCING POODLES** HAIR 2 HIGH BUNS

**SECTION 9** 1 OF 1

10 YRS VARIETY- **CUBAN PETE**

**FAST CHANGE LAILA, MADDIE, AVA**

**SECTION 10** 1 OF 2

8 YRS BALLET- **APRICOT BALLET** HAIR HIGH BUN

**SECTION 11** 1 OF 6 AND 4 OF 6

12 YRS LYRICAL & CONTEMPORARY **WE HAVE 2 ROUTINES IN THIS SECTION**

1. BEFORE I GO 4. RULE THE WORLD HAIR HIGH BUN

**SECTION 12** 1 OF 4

10 YRS CONTEMP- **STARS AND MOON** HAIR HIGH BUN

**SECTION 13** 1 OF 3

8YRS MODERN- **AMAZING GRACE** HAIR HIGH BUN

**SECTION 14** 1 OF 1

12 YRS HIP HOP- **MI GENTE** HAIR HIGH BUN

**FAST CHANGE GABBI, CELIA, MIKAYLA, TAYTUM**

**SECTION 16** 1 OF 1

10 YRS SONG AND DANCE- **BORN TO ENTERTAIN** HAIR HIGH BUN

**FAST CHANGE GABBI, CELIA, MIKAYLA, TAYTUM**

**SECTION 18** 1 OF 1

12 YRS BALLET- **JPP** HAIR HIGH BUN

**FAST CHANGE GABBI, CELIA, MIKAYLA, TAYTUM, COLTON**

**SECTION 19** 1 OF 4

10YRS MODERN- **IMAGINE** HAIR HIGH BUN

**SECTION 22** 1 OF 1

12 YRS VARIETY **PETITE PERFORMERS FREE DANCE 2 PIG TAILS**

**SECTION 23** 1 OF 2

10 YRS BALLET- **COPPELIA** HAIR HIGH BUN

**SECTION 26** 1 OF 3

12 YRS JAZZ- **TOY** HAIR HIGH BUN

Any questions please email [angela@pmperformingarts.com](mailto:angela@pmperformingarts.com)

## **WHAT TO WEAR, WHAT NOT TO WEAR and YOUR HAIR! – Your questions answered!**

### **ALL GROUPS**

All group students must bring to EVERY performance/eisteddfod

- AT LEAST 50 Bobby Pins
- AT LEAST 50 Safety Pins
- AT LEAST 3 hairnets the same colour as your hair

### **NO EXCEPTIONS!!!!**

Do not turn up expecting to borrow other peoples, be responsible for your own belongings, its too expensive for organised and generous parents to constantly have to replenish their supplies of these items because they are handing them out to students who DID NOT COME PREPARED!!!!

Costume carers from each group will take all the costumes clearly labelled with your child's name. Please ensure the costume and all accessories are returned to the same coat hanger and returned to the mum concerned when your child has finished. Could costume carers please check lists and ensure all students dancing at the Eisteddfod groups has a costume. There have been changes in numbers in many groups, please check names on list given. Thank you to our costume carers for helping with our costumes.

The following items not to be seen on stage please - earrings, belly bars, watches, tattoos, necklaces and nail polish.

### **All Classical Ballet groups and some Modern Expressive groups**

Ballet Stockings, new like ballet shoes with elastic (NO RIBBONS REQUIRED)

No underwear. JPP and older may wear a skin tone G-string & body stocking.

6yrs : Slow Down - ROYAL BUN

8 Yrs : Apricot Ballet, Amazing Grace - HIGH BUN

10 Yrs : Coppelia - HIGH BUN

12 Yrs : JPP - HIGH BUN

### **All Jazz groups**

Jazz tights (or Stirrups tucked under) new like Tan Jazz shoes

No underwear. JPP and older may wear a skin tone G-string & body stocking.

6yrs : Cotton Eyed Joe - TWO HIGH PIG TAIL PLAITS

8 Yrs : Grown - HIGH BUN

10 Yrs : Bailar Salsa, Cuban Pete - HIGH BUN

12 Yrs : Toy - HIGH BUN

### **Variety and Song & Dance**

Jazz tights (or Stirrups tucked under) new like Tan Jazz shoes

10yrs : Cuban Pete - HIGH BUN

10yrs : Born to Entertain - HIGH BUN

12yrs : **PETITE PERFORMERS FREE DANCE LET IT GO** Hair 2 HIGH PIG TAILS

**Petite Performers**

Poodles - 2 HIGH BUNS OVER TOP OF EARS, BALLET STOCKINGS, CLEAN LIKE NEW BALLET SHOES WITH ELASTICS. (NO RIBBONS)

**Contemporary groups and some Modern Expressive groups**

**ALL TAN STIRRUPS**

10yrs : Stars and Moon, Imagine - HIGH BUN

12yrs : Rule the World, Before I Go - HIGH BUN

**All Tap groups**

Jazz tights (or Stirrups tucked under) new like Black Slick Tap shoes with shoelaces tucked away

8 Yrs : Pink Cadillac - HIGH BUN

10 Yrs : Green Eggs - HIGH BUN

12 Yrs : Hip To Be Square - HIGH BUN black socks long enough to cover the calf muscle

Every child competing at Ooh LA LA must have a PMPA jacket to wear over costume. Wear this to and from and at venue. Please wear your PMPA performance singlet or your I Heart PMPA Shirt and black jazz pants or ballet school colours (blue and black) to and from the theatre and between routines if you have a break between dances.

**Behaviour and expectations**

No PMPA student is to ever be in the theatre in costume. Ever.

PLEASE ENSURE WHEN IN COSTUME AT THE EVENT THAT YOU HAVE A JACKET OR CAPE OVER YOUR COSTUME AT ALL TIMES

DO NOT EAT IN COSTUME OR NEAR COSTUMES.

DO NOT BRING HOT OR GREASY FOOD INTO THE CHANGE ROOMS NEAR ANY OF THE COSTUMES.

This also applies to seniors and younger brothers and sisters who may not be dancing, if you need to feed them whilst you are changing a dancer, please set them up away from costumes and children in costumes. As parents and teachers if you see that these requests are not being met please ask the child in question to get changed, but PLEASE do it nicely and the way you yourself would wish to be reminded. If you are a parent and another parent has asked your child to put the food away until they are out of costumes way, do not be offended, but instead be pleased someone has stopped your child possibly spoiling a costume and the hours you may save having to launder or remake a damaged costume.

Groups and solo children that are dancing in the same section, dance for our school, not against each other. Be interested in all students on stage not just our own. Please wish all competitors in your section good luck not just your team mates. No rivalry or sharp words between team mates, class mates or with other schools, you are part of the same big team, the same family, please unite and work together as children, teenagers and adults.

## Port Macquarie Performing Arts

Whilst I hope we are all proud of our school and students, let's not be competitive with other schools. It is important that students learn to appreciate the worth in what everyone is doing and take both success and gaining no place as a journey.

Students should be proud to be selected to be part of a team that has the chance to perform in an eisteddfod, to learn the valuable lessons of companionship, good sportsmanship, working together, co-operating, and rehearsing towards the highest standard you can achieve. This is what I hope you take away from eisteddfods, these qualities are more important to me than trophies.

To get the best from any student they first must enjoy what they are doing and then develop physically. Hopefully during this process the dedication and determination to do the best will hopefully follow. As adults we need to encourage and support, not judge and compare.

When students arrive backstage please stay well back and very quiet and well mannered with nominated students politely telling the stage manager that your group is all here and ready to dance.

Help each other out, if someone needs something even if they are from other schools do your best to help them, you never know when they will be on hand to lend you some spares stockings in the future!

I'm proud of you all, so let's have fun and make this Eisteddfod a great experience for all. Please join me in thanking your teachers for all of their hard work in preparing you for this event and our great team of ballet parents without whom we couldn't give the students this opportunity.

Miss Stacey